

Barb Stuart's Lesson Plans for the weeks March 30 ~ April 03

Kitchen Skills (Foods 1)

This week we are going to look at Egg white foam. Please read the notes attached and then use an egg white and beat it (with an electric mixer) to the different stages to see how they change as you are beating.

I would then like you to make one of the 3 recipes I will also attach. I am allowing you to choose your recipe, based on ingredients you have in your home.

Souffle Banana Pancake

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EbpMzbXkTJ5LuOiyt6sCyr0BZL7BsbRfBnWg9iAXgvBEQA?e=hoDXN0

Pavlova

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EbT7jtcJVmFAj-bg2Xyo6HABvAzAoupNhuCMJvPAFzjfoQ?e=eZcsTc

Marshmallow Ice Cream Cones

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/ESiaiCu-IU1CnYE09RErxNOB36EIPwKVCgr9nicUznnWgA?e=b2Jqp9

Meringues

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EVS6lPhoBTdJkv-OvBqXxvABL36UCfhnSpqJ5NtvUaaNxxw?e=pavIN6

Lemon Meringue Pie

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EbI6_tqEJOREkCXqjfCziykBlTnQ1CHjb0Dqjfm8-jmxRQ?e=VSgLN4

Have fun making these recipes.

I do need you to send me pictures of you preparing and cleaning, the final product. Enjoy.

Be safe and make wise decisions.

Mrs. Stuart

Barb Stuart's Lesson Plans for the weeks March 30 ~ April 03

Consumer Science (Foods 2)

This week I would like you to find a recipe, using yeast, and make the product. Again, you will need to send me pictures of the different stages.

Please write out an evaluation of how you felt you did in the lab. That can be emailed to me.

This is the recipe for salmon we were going to make. If any of you would like to make this for the last Friday of lent, as long as I get pictures, you will get extra credit. This is my favorite salmon dish, besides eggs benedict with smoked salmon.

https://rsdk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EfVeApJad8ZDugTIirRDGXoBioXW5bFVPzXF3Jmxq2ZNGg?e=ha2EzW

Should you have any problems please feel free to contact me.

Be safe and make wise decisions.

Mrs. Stuart

Barb Stuart's Lesson Plans for the weeks March 30 ~ April 03

Consumer Skills 8th Grade

Welcome to my class. This is a very different situation to be in. I am so sad I am not in person to see your smiling faces, but know we will get through this together and move forward, until we can get together.

This week we will look at doing laundry. I would like you to watch the following video
<https://www.youtube.com/watch?v=FmYvRc-zTvo>

Once you've watched this video, and read the notes from the link below, I need you to do a load of laundry at home and complete the worksheet, which you can email back to me.

https://rsk12pa-my.sharepoint.com/:u:/g/personal/bstuart_rsd_k12_pa_us/Ecpr4Ct9dRNLhO-z3ktf4B4BY-XmN1nsAoNncYLN0e7qQQ?e=P4cria

Worksheet link: https://rsk12pa-my.sharepoint.com/:w:/g/personal/bstuart_rsd_k12_pa_us/EXJRssM54CRAmk846dEKaMgBf7CzI3HhHjIyv4SXRju5BA?e=WCUtL5

Please stay safe and make wise decisions.

Mrs. Stuart